

Mocktail Recipes

Real Fruit Power

Réal Orange and Kiwi Lemonade



REFRESHING ORANGE AND KIWI FRUIT PUNCH

Enjoy the freshness of Real orange juice and kiwi fruit with goodness of cumin and lemon to create this cool and refreshing fruit punch.

INGREDIENTS:

- Real orange juice – 2 cups
- Cumin seeds – 1/4 teaspoon
- Black salt – ¼ teaspoon
- Sugar- ½ teaspoon
- Lemon – 1
- Kiwi fruit- ½ (peeled and chopped)
- Ice cubes- 3-4
- For garnishing: Orange slice-1 (slit in the middle)

METHOD FOR PREPARATION

Step 1

Stir fry Cumin seeds in a kadai.

Step 2

Put the fried Cumin seeds on a chopping board.

Step 3

Crush the Cumin seeds using a chopping bar.

Step 4

Set aside in a glass bowl.

Step 5

Pour 2 cups of real orange juice in the blending jar.

Step 5

Add the fried and crushed Cumin seeds powder in it.

Step 6

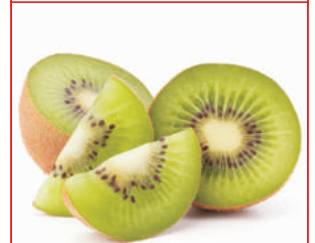
Add black salt to it.

Step 7

Add sugar to it.

Step 8

Squeeze the juice of a lemon.



METHOD FOR PREPARATION

Step 9

Run the blender.

Step 10

Take a mocktail glass add the peeled and chopped kiwi fruit pieces at its bottom.

Step 11

Pour out the liquid from the blender.

SERVING SUGGESTION:

You can add a few ice cubes to the fruit punch. For garnishing, you can use a slice of orange, slit it and place on the side of the glass. Serve chilled.

GOODNESS

Cumin seeds added to Orange and Kiwi Fruit Punch, already rich in Vitamin C, E, and K also improves appetite and vision.

